



Promoting  
Mental Health  
and Student  
Success for All  
Texas Children  
and Youth

# Advancing Behavioral Health Collaborations To Ensure Student Success: Resource Guide

A RESOURCE PRODUCED BY THE UNITED SERVICES FOR  
ALL CHILDREN (USAC) INTERAGENCY WORKGROUP

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# ADVANCING BEHAVIORAL HEALTH COLLABORATIONS TO ENSURE STUDENT SUCCESS: RESOURCE GUIDE

## PURPOSE

The purpose of this document is to provide information and resources for individuals working with school-aged youth who have behavioral health needs. Its intent is to increase awareness of educational opportunities, services and supports for school aged children with mental and behavioral health needs; strengthen community partnerships; and build upon and leverage existing resources. Weblinks are embedded throughout the Guide. It is intended for online exploration of resources, programs, best-practices, studies and articles.

## COLLABORATIVE

As resources to support mental health for school-aged children and youth continue to evolve, the goal of USAC is to update this resource document for stakeholders. Agencies collaborating on the United Services for All Children (USAC) Workgroup include: The Texas Health and Human Services Commission, Office of Mental Health Coordination & Intellectual and Developmental Disabilities and Behavioral Health Services, The Texas Education Agency, Education Service Center Region 4, The Department of Family and Protective Services Prevention and Early Intervention Division, The Texas Juvenile Justice Department and the Institute for Excellence in Mental Health at the University of Texas at Austin.

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## SERVICES AND STATE RESOURCES

Services available to school-aged children/families who have behavioral health needs.

### BLIND AND VISUALLY IMPAIRED SERVICES

This division provides screening, education, treatment, resources, and other services to children and families who are blind or visually impaired. There are also services specific to children who are deaf-blind.

<https://hhs.texas.gov/services/disability/blind-visually-impaired>

### EARLY CHILDHOOD INTERVENTION (ECI)

ECI is a statewide program for families with children, birth to three, with disabilities and developmental delays. ECI supports families to help their children reach their potential through developmental services. [Services](#) are provided by a variety of local agencies and organizations across Texas.

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### EARLY CHILDHOOD INTERVENTION (ECI) RESOURCE GUIDE

<https://hhs.texas.gov/services/disability/early-childhood-intervention-services/eci-central-directory-resources/eci-resource-guide>

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### CRISIS HOTLINE FOR PARENTS

1-800-422-4453

[Childhelp](#)<sup>®</sup> exists to meet the physical, emotional, educational, and spiritual needs of abused, neglected, and at-risk children. Focus is on advocacy, prevention, treatment, and community outreach. This hotline offers crisis intervention in 140 languages, information, literature, and referrals to thousands of emergency, social service, and support resources.

<https://hhs.texas.gov/node/2122>

### INTELLECTUAL AND DEVELOPMENTAL DISABILITIES (IDD) / LONG TERM CARE SERVICES

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HCS WAIVER INFORMATION FOR FAMILIES WITH A CHILD WHO HAS AN INTELLECTUAL OR DEVELOPMENTAL DISABILITY (IDD). LINK TO WEBPAGE:

<https://hhs.texas.gov/services/disability/intellectual-or-developmental-disabilities-idd-long-term-care>

## LOCAL INTELLECTUAL AND DEVELOPMENTAL DISABILITY (IDD) AUTHORITIES

Local IDD authorities (LIDDAs) serve as the point of entry for publicly funded IDD programs, whether the program is provided by a public or private entity.

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### LIDDA CRISIS SERVICES

LIDDAs provide in-home and out-of-home crisis respite for children and adults who meet eligibility criteria; this includes development of a crisis respite plan and therapeutic support. LIDDAs must employ at least one lead crisis intervention specialist who oversees crisis activities, coordinates with private providers, individuals, families, MCOTs, other relevant service providers, and community members in regard to children and adults with IDD in crisis.

<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/local-idd-authority-lidda>

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### LIDDA Transition Support Teams

8 contracted LIDDAs have teams that offer educational activities, technical assistance and case review LIDDAs and community IDD waiver providers. The support teams include a licensed professional (e.g., clinical social worker) to serve as the team coordinator and licensed medical staff (e.g., physicians, physician assistants, nurse practitioners, registered nurses, psychiatrists, psychologists, behavioral specialists) having experience working with individuals with IDD who have significant medical, behavioral and/or psychiatric challenges.

<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/local-intellectual-developmental-disability-authority-lidda/lidda-transition-support-teams>

## JUVENILE JUSTICE PREVENTION AND EARLY INTERVENTION SERVICES

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### TJJD PREVENTION AND EARLY INTERVENTION SERVICES

TJJD funds a number of prevention and early intervention programs at juvenile probation departments throughout Texas. These programs and services intended to prevent or intervene in at-risk behaviors that lead to delinquency, truancy, dropping out of school, or referral to the juvenile justice system. A summary of those programs and contact information is provided here.

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## RESOURCES FOR FAMILIES

Are you looking for help for your son or daughter and don't know where to go? Click here for telephone numbers and websites of useful resources.

<http://www.tjtd.texas.gov/services/prevention/familyResources.aspx>

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## RESOURCES FOR POLICY MAKERS AND PROGRAM DEVELOPERS

Are you searching for resources to inform policy or program development? Here's a listing of websites which provide information on evidence-based programs and practices, available data, and recommendations for effective programming and policies.

<http://www.tjtd.texas.gov/services/prevention/ResourcesPolicymaker.aspx>

## MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES

Click [HERE](#) to find information, resources and Mobile apps related to Mental Health and Substance Abuse Services.

<https://hhs.texas.gov/services/health/mental-health-substance-abuse>

Suicide Crisis Line: **1-800-273-8255**

**211:** Connects Texans to Mental Health & Substance Abuse services in their local service area

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## MENTAL HEALTH SERVICES AND SUPPORTS

Provides information for Local Mental Health Authorities (LMHAs)

<https://www.dshs.texas.gov/MHSA/>

<https://www.dshs.texas.gov/mhservices/default.shtm> (in Spanish)

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## MENTAL HEALTH SERVICES SEARCH

Search for LMHA by county, city, or zip code

<https://www.dshs.texas.gov/mhservices-search/>

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## SUBSTANCE ABUSE SERVICES AND SUPPORTS

Click [HERE](#) to find information and resources related to Substance Abuse Services.

<https://www.dshs.texas.gov/substance-abuse/>

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## INFORMATION ON ACCESSING SUBSTANCE ABUSE TREATMENT SERVICES



Outreach, Screening, Assessment, and Referral Centers (OSARs)

<https://www.dshs.texas.gov/sa/OSAR/>

#### OUTREACH, SCREENING, ASSESSMENT, AND REFERRAL CENTERS (OSARS)

INTERACTIVE SEARCH TOOL FOR FINDING SUBSTANCE USE PROVIDERS AND PROGRAMS

<http://txdshs.maps.arcgis.com/apps/webappviewer/index.html?id=0ebf2016e97243cb8aa665b01818cf4c>

#### YES QUIT (QUIT SMOKING)

Yes! I'm Ready to Quit. Resource for people who want to quit smoking.

<https://dshs.texas.gov/tobacco/quityes.shtm>

#### FAMILY BASED PREVENTION AND EARLY INTERVENTION PROGRAMS

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##### PREVENTION AND EARLY INTERVENTION PROGRAMS (PEI)

PEI-HVP manages community-based programs that prevent delinquency, abuse, neglect and exploitation of Texas children; helps communities enhance services provided through the Texas Department of Family and Protective Services; assists communities in identifying prevention and early intervention needs, and supports the development of, and modifications to, new and existing programs designed to prevent or reduce poor outcomes for children, youth and their families.

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##### FAMILY VIOLENCE PROGRAM

The FVP promotes self-sufficiency, safety, and long-term independence of adult victims of family violence, child victims of family violence, and victims of teen dating violence. The program provides emergency shelter and support services to victims and their children, educates the public, and provides training, and prevention support to various agencies.

<https://hhs.texas.gov/services/safety/protective-services/family-violence-program>

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##### SERVICES TO AT-RISK YOUTH (STAR) YOUTH AND FAMILY PROGRAM

The STAR program's primary purpose is to serve youth and their families needing crisis intervention, help with family conflict, concerns involving school performance and attendance

and building parent and youth skills. Youth age zero to 17 and through age 18, if they are still in school, are eligible for the program.

Provides:

1. Free crisis hotline available 24/7.
2. Individual, family and youth counseling to help reduce conflict.
3. Emergency short-term shelter for youth who run away or who are unable to stay at home because of family conflict.
4. Skill-building classes to help parents and caregivers learn how to handle difficult situations.
5. Skill-building classes for youth to help them gain coping skills and meet their needs in a positive way.

[https://www.dfps.state.tx.us/prevention\\_and\\_early\\_intervention/about\\_prevention\\_and\\_early\\_intervention/programs.asp](https://www.dfps.state.tx.us/prevention_and_early_intervention/about_prevention_and_early_intervention/programs.asp)

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#### TEXAS YOUTH CONNECTION (DFPS)- FOR YOUTH

TexasYouthConnection.org was specifically designed by and created for current and former foster youth that were part of Texas Child Protective Services (CPS). CPS provides Transitional Living Services through programs that you may be familiar with and need more information about.

<https://www.dfps.state.tx.us/txyouth/>

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#### TEXAS YOUTH HOTLINE

Life Can Hurt, We Can Help. Contact the Texas Youth Hotline any time, day or night to discuss your problem. It's free and we're here to help!

[http://www.dfps.state.tx.us/Youth\\_Hotline/](http://www.dfps.state.tx.us/Youth_Hotline/)

**Call** [1-800-989-6884](tel:1-800-989-6884)

**Text** [512-872-5777](tel:512-872-5777)

**Chat With Us Online:** [www.TexasYouth.org](http://www.TexasYouth.org)

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#### HOME VISITING PROGRAM

The Home Visiting Program manages community-based programs that prevent delinquency, abuse, neglect and exploitation of Texas children; helps communities enhance services provided through the Texas Department of Family and Protective Services; assists communities in identifying prevention and early intervention needs, and supports the development of, and modifications to, new and existing programs designed to prevent or reduce poor outcomes for children, youth and their families.

[https://www.dfps.state.tx.us/prevention\\_and\\_early\\_intervention/about\\_prevention\\_and\\_early\\_intervention/programs.asp](https://www.dfps.state.tx.us/prevention_and_early_intervention/about_prevention_and_early_intervention/programs.asp)

## TEXAS HEALTH STEPS

Texas Health Steps is health care for children birth through age 20 who have Medicaid. Texas Health Steps gives your child free medical checkups starting at birth, and free dental checkups starting at 6 months of age. Checkups can help find health problems before they get worse and harder to treat. Click [HERE](#) to learn more.

<https://www.dshs.texas.gov/thsteps/>

## YES WAIVER – WRAPAROUND SERVICES

The YES Waiver is a 1915(c) Medicaid program that provides comprehensive home and community-based mental health services to children and youth between the ages of 3 and 18, up to their 19th birthday, who have a Serious Emotional Disturbance (SED). The YES Waiver provides flexible supports and specialized services to children and youth who are at risk of institutionalization and/or out-of-home placement due to their SED.

The YES Waiver utilizes a Wraparound model for the planning process. A team comprised of formal and non-formal supports is created by the child and family to help to identify their strengths, needs and vision, and the team determines what YES Waiver services are needed to help address the child or youth's SED.

YES Waiver services include:

- Respite
- Community Living Supports
- Specialized Therapies

- Family Supports
- Employee Assistance and Supported Employment
- Adaptive Aids and Supports
- Minor Home Modifications
- Non-Medical Transportation
- Paraprofessional Services
- Supportive Family-Based Alternatives
- Transition Services

If a child is interested in the YES Waiver, their Legally Authorized Representative (LAR) must call their Local Mental Health Authority's (LMHA) YES Waiver Inquiry Line to schedule an assessment. To find your Local Mental Health Authority or for more information about the YES Waiver, please visit: <http://dshs.texas.gov/mhsa/yes/>

## CRISIS SERVICES

### CRISIS TEXT LINE

A free, 24/7 text line for people in crisis.

Text **741741** to connect to a counselor.

<http://www.crisistextline.org/>

### HUMAN TRAFFICKING HOTLINE (NATIONAL):

1-888-373-7888 // TTY: 771 (informational / resource / hotline)

[HTTPS://HUMANTRAFFICKINGHOTLINE.ORG/STATE/TEXAS](https://humantraffickinghotline.org/state/texas)

### NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) HELPLINE

800-950-6264

### NATIONAL SUICIDE PREVENTION LIFELINE

A free, confidential, 24-hour hotline, to anyone in suicidal crisis or emotional distress. An Online confidential chat is also available at [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

800-273-TALK (8255)

TTY: 800-799-799-4TTY (4889), then press 1

Nacional de Prevencion del Suicidio (888) 628-9454

## SUICIDE PREVENTION AND POSTVENTION RESOURCES

[After a Suicide: Toolkit for Schools \(pdf.\)](#)

[Help and Hope for Survivors of Suicide Loss \(pdf.\)](#)

[Suicide Prevention and “Postvention” toolkit \(pdf.\)](#)

## TEXAS LOCAL MENTAL HEALTH AUTHORITY (LMHA) CRISIS HOTLINES

Available 24 hours a day/7 days a week. For an alphabetical list of LMHA crisis hotlines in Texas.

<https://www.dshs.texas.gov/mhsa-crisishotline/>

## Veterans Crisis Hotline

Connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.

800-273-8255, then press 1

Text: 838255

<https://www.veteranscrisisline.net/>

## TRAINING OPPORTUNITIES AND INFORMATIONAL FORUMS

### [ASK TRAINING: ASK ABOUT SUICIDE TO SAVE A LIFE](#)

ASK About Suicide To Save A Life is a best practice gatekeeper training that teaches how to identify suicide risk factors, protective factors, warning signs & appropriate referral strategies. There are three training options offered:

1. view ASK videos for online certification,
2. view videos along with backup materials, or

3. in person workshops.

### COUNSELING ON ACCESS TO LETHAL MEANS (CALM)

This course explains why means restriction is an important part of a comprehensive approach to suicide prevention. It will teach you how to ask suicidal patients/clients about their access to lethal means, and work with them and their families to reduce their access.

<http://training.sprc.org/enrol/index.php?id=3>

### CENTRALIZED TRAINING FOR EVIDENCED BASED PRACTICES (FOR HHS CONTRACTORS)

This website offers a variety of behavioral health evidence based online courses to HHS contractors. In-person workshops are also available In-person workshops are conducted at different locations. Please refer to the Calendar or Course Info for location, cost and pre-requisites

<https://www.centralizedtraining.com/>

### DFPS TRAUMA INFORMED CARE TRAINING

DFPS training to assist families, caregivers and other social service providers in fostering greater understanding of trauma informed care and child traumatic stress.

[https://www.dfps.state.tx.us/training/trauma\\_informed\\_care/](https://www.dfps.state.tx.us/training/trauma_informed_care/)

### MENTAL HEALTH WELLNESS FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES (MHW-IDD)

6-part e-learning training series, developed by the Departments of Aging and Disability Services (DADS) and State Health Services (DSHS) to educate direct service workers and others about behavioral health needs of people who have an IDD and a co-occurring behavioral health condition. The full course curriculum contains the following modules:

- 1 Co-occurring disorders: IDD and Mental Illness
- 2 Trauma-informed Care for Individuals with IDD
- 3 Functional Behavior Assessment and Behavior Support
- 4 Overview of Genetic Syndromes Associated with IDD

- 5 Overview of Medical Conditions Associate with IDD
- 6 Putting It All Together: Supports and Strategies for DSWs

This series is free to the public and can be accessed at: [www.mhwidd.com](http://www.mhwidd.com)

## MENTAL HEALTH FIRST AID (MHFA)

Mental Health First Aid (MHFA) is an eight-hour, evidence-based curriculum that teaches individuals how to help someone who is developing a mental health problem or experiencing a mental health crisis. MHFA training increases awareness of mental health and reduces stigma around mental illness.

### *Whom does the program serve?*

All public school district employees, resource officers, and university employees, as well as community members

### *How does it work?*

MHFA is a fee for service contract between HHSC and 37 LMHA's and 2 LBHA's. The LMHA's/LBHA's provide free MHFA training to public school district employees and resource officers.

### *How do you enroll in/apply for the program?*

Contact your local LMHA/LBHA and request that they provide the training in your area. You can also look on line at <http://www.mentalhealthfirstaid.org/cs/take-a-course/find-a-course/> to find a course.

### *Build Your Metal Health First Aid Kit*

<https://dev.hhsc.texas.gov/about-hhs/communications-events/news/2016/08/build-your-mental-health-first-aid-kit>

## TEXAS HEALTH STEPS

Texas Health Steps' award-winning online program offers FREE CE courses for primary care providers and other health professionals. These courses offer updated clinical, regulatory, and best practice guidelines for a range of preventive health, oral health, mental health, and case management topics.

<http://www.txhealthsteps.com/cms/>

## TJJD WEBINAR TRAINING OPPORTUNITIES

For archived TJJJ webinar training opportunities, go to:

<https://www.tjjd.texas.gov/regionaltraining/traininglinks.aspx>

<http://www.tjjd.texas.gov/regionaltraining/webinars.aspx>

Topics include information about special education services in juvenile justice settings and many other juvenile justice topics. Additionally, TJJJ provides information about forty-five prevention programs operated by probation department s.

## EVIDENCE BASED AND BEST PRACTICES- SCHOOLS

Information on current policies, evidence-based practices, promising practices and general resources for schools.

### POSITIVE BEHAVIOR INTERVENTIONS AND SUPPORTS (PBIS)

#### TEXAS BEHAVIOR SUPPORT NETWORK (TEA)

The goal of the Texas Behavior Support (TBS) Network is to create a system of PBIS for students with disabilities and all students attending Texas public schools. Although the original focus of TBS was to support the behavior needs of students with disabilities, it quickly became evident in examining the newly expanding Positive Behavioral Interventions and Support (PBIS) model that in order to address the needs of children in special education, prevention interventions had to be implemented for all students. Therefore, the TBS Network adopted PBIS as its philosophical foundation and supports all three tiers of the model, including school-wide and classroom.

<http://www.txbehaviorsupport.org/>

### PUBLIC SCHOOLS- EVIDENCED BASED AND BEST PRACTICES- MHSA

Every year, DSHS works with TEA and ESCs to update a list of recommended mental health prevention and intervention programs and practices for implementation in the public schools. The work is done in accordance with statutory requirements for professional development.

The link below provides access to a list of resources to help educators learn about mental health intervention and development, substance abuse prevention and intervention, and suicide prevention. Several of these programs are for curriculums to be used in the classroom, but many are knowledge-based for educators themselves.

<http://www.dshs.texas.gov/mhsa/suicide/Suicide-Prevention.aspx>



## RESPONSE TO INTERVENTION (RTI) - TEA

Response to Intervention (RtI) is an approach that schools use to help all students, including struggling learners. The RtI approach gives Texas students opportunities to learn and work at their grade level. The idea is to help all students be successful.

<http://tea.texas.gov/index2.aspx?id=2147500224>

## RESTORATIVE JUSTICE / RESTORATIVE PRACTICES

Restorative Discipline Practices (RDP) in Texas began in the Fall of 2015. The Texas Education Agency partnered with the Institute for Restorative Justice and Restorative Dialogue at The University of Texas at Austin School of Social Work to participate in a statewide roll out.

The approach fosters belonging over exclusion, social engagement over control, and meaningful accountability over punishment. It is a trauma-informed practice.

***Integrating Positive and Restorative Practices to Supporting Student Behavior*** is a training available at the 20 ESCs that has been designed to help schools develop RD practices within a Positive Behavior Interventions and Supports (PBIS) framework.

For more information visit:

Texas Education Agency: [http://tea.texas.gov/Restorative\\_Discipline/](http://tea.texas.gov/Restorative_Discipline/)

ESC 4 Texas Behavior Support: <http://www.txbehaviorsupport.org/>

## TRAUMA INFORMED PRACTICES FOR SCHOOLS

Below are links to a selection of state and national resources that provide information on the impact of trauma on learning. Research has found that adverse childhood experiences negatively impact child development tasks, self-regulation, coping and other important skills which subsequently impact learning. Some of the resources document the positive prevention benefits on factors such as improved school discipline when implementing whole-school supports that build resilience and provide protective factors in the school environment. Other resources describe interventions that are specifically designed and effective for supporting traumatized children. Data reveals that through a mix of trauma-informed practices and strategies that schools can better promote the mental health and learning of all students by using a trauma-informed lens.

The Heart of Learning and Teaching: Compassion, Resiliency, and Academic Success: <http://k12.wa.us/CompassionateSchools/HeartofLearning.aspx>

Cognitive Behavioral Intervention for Trauma in Schools: <https://cbitsprogram.org/>

Trust-Based Relational Intervention: <https://child.tcu.edu/about-us/tbri/>

National Child Traumatic Stress Network - Child Trauma Toolkit for Educators: <http://www.nctsn.org/resources/audiences/school-personnel/trauma-toolkit>

Education Law Center – Unlocking the Door to Learning: Trauma Informed Classrooms & Transformational Schools: <https://www.elc-pa.org/wp-content/uploads/2015/06/Trauma-Informed-in-Schools-Classrooms-FINAL-December2014-2.pdf>

Positive Behavior Interventions and Supports – Interconnected Systems: <https://www.pbis.org/school/school-mental-health/interconnected-systems>

Helping Traumatized Children Learn. <https://massadvocates.org/tlpi/>

Resilience, Where Does It Come From? By Bruce Perry. <http://www.scholastic.com/browse/article.jsp?id=3746847>

Center for Mental Health in Schools and Student Learning Supports: <http://www.smhp.psych.ucla.edu/>

## SOCIAL AND EMOTIONAL LEARNING

Social and Emotional Learning is part of a trauma-informed approach to prevention and intervention. The Collaborative for Academic, Social, and Emotional Learning (CASEL) Website has many resources on research, policy and programs on SEL for schools.

The Guide shares best-practice guidelines for district and school teams on how to select and implement SEL programs: <http://www.casel.org/guide>

The Evidence Base for How We Learn – Supporting Student’s Social, Emotional, and Academic Development (September 2017): [https://assets.aspeninstitute.org/content/uploads/2017/09/SEAD-Research-Brief-9.12\\_updated-web.pdf](https://assets.aspeninstitute.org/content/uploads/2017/09/SEAD-Research-Brief-9.12_updated-web.pdf)

## DROPOUT PREVENTION RESOURCES

THE CENTER FOR EVIDENCE-BASED PRACTICE: YOUNG CHILDREN WITH CHALLENGING BEHAVIOR is funded by the U.S. Department of Education, Office of Special Education Programs to raise the awareness and implementation of positive, evidence-based practices and to build an enhanced and more accessible database to support those practices. <http://challengingbehavior.fmhi.usf.edu/>

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### THE INSTITUTE OF EDUCATION SCIENCES: WHAT WORKS CLEARINGHOUSE.

This resource provides research, practice guides and intervention reports for dropout prevention and evidenced-based decision making. <http://ies.ed.gov/ncee/wwc/>

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### EFFECTIVE STRATEGIES FOR DROPOUT PREVENTION.

The National Dropout Prevention Center/Network provides research and resources on effective strategies for dropout prevention. <http://dropoutprevention.org/effective-strategies/>

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### WHAT WORKS AND WHAT DOES NOT? BENEFIT-COST FINDINGS FROM WASHINGTON STATE INSTITUTE FOR PUBLIC POLICY (WSIPP).

A benefit-cost analysis on prevention programs by the Washington State Institute for Public Policy (WSIPP). [http://www.wsipp.wa.gov/ReportFile/1602/Wsipp\\_What-Works-and-What-Does-Not-Benefit-Cost-Findings-from-WSIPP\\_Report.pdf](http://www.wsipp.wa.gov/ReportFile/1602/Wsipp_What-Works-and-What-Does-Not-Benefit-Cost-Findings-from-WSIPP_Report.pdf)

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### BLUEPRINTS FOR HEALTHY YOUTH DEVELOPMENT

This is a project of the Center for the Study and Prevention of Violence at the University of Colorado that serves as a resource for governments, foundations, businesses, and other organizations trying to make informed judgments about investments in evidence-based prevention and intervention programs that are effective in reducing antisocial behavior and promoting a healthy course of youth development. <http://www.colorado.edu/cspv/blueprints/>

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### SAMHSA'S NATIONAL REGISTRY OF EVIDENCE-BASED PROGRAMS AND PRACTICES (NREPP).

NREPP is an evidence-based repository and review system designed to provide the public with reliable information on mental health and substance abuse interventions. <http://nrepp.samhsa.gov/>

## EVIDENCE-BASED PRACTICES – JUVENILE JUSTICE

<http://jjie.org/hub/evidence-based-practices/>

Click [HERE](#) to find an overview of key juvenile justice issues and reform trends relating to evidence-based practices and links to information on each one, as well as the most recent research, cutting-edge reforms, model policies, links to experts, and toolkits to take action

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### JUVENILE JUSTICE EVIDENCE BASED PRACTICES

In the juvenile justice arena, the term “evidence-based practices” generally refers to programs, practices, and policies that have been rigorously evaluated and shown to be effective at preventing or reducing youth crime

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<HTTP://JJIE.ORG/HUB/EVIDENCE-BASED-PRACTICES/>

- [Intensive Family-based Treatment](#)
- [Psychosocial Therapies](#)
- [Medication Therapies](#)
- [Trauma-informed Care](#)
- [Evidence based tools](#)

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### THE OFFICE OF JUVENILE JUSTICE AND DELINQUENCY PREVENTION'S MODEL PROGRAMS GUIDE (MPG)

This office is designed to assist practitioners and communities in implementing evidence-based prevention and intervention programs that cover the entire continuum of youth services from prevention through sanctions to reentry. <http://www.ojjdp.gov/mpg/>

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### OFFICE OF JUVENILE JUSTICE AND DELINQUENCY PREVENTION (OJJDP).

OJJDP provides a resources for effective and promising model intervention programs. <http://www.ojjdp.gov/mpg/Topic>

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### CRIMESOLUTIONS.GOV.

The National Institute of Justice provides a library on effective and promising delinquency prevention programs. <https://www.crimesolutions.gov/TopicDetails.aspx?ID=62#practice>

## COMMUNITY RESOURCES, INFORMATION AND CAMPAIGNS

## CHILDREN'S ADVOCACY CENTERS OF TEXAS

<http://www.cactx.org/>

## HOGG FOUNDATION

Sign up [HERE](#) for a host of Mental Health resources. You can sign up for Mental Health Daily to receive a daily or weekly digest of mental health news directly in your inbox. You can also find the Hogg Blog, podcasts, publications, videos, and news releases.

## A COMMUNITY SUPPORT GUIDE FOR ALTERNATIVES TO INPATIENT MENTAL HEALTH TREATMENT (PDF.)

Informational resource. Inpatient care is an important part of the overall service array for people with mental illness. However, this guide is designed to educate the public about community treatment options that can be used to help children and adults with behavioral health issues avoid inpatient treatment if a less intensive alternative is appropriate.

<https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&ved=0ahUKEwiil7bjs-3SAhVV5GMKHUQiCmkQFggfMAA&url=https%3A%2F%2Fwww.dshs.texas.gov%2FMental-Health%2FCommunitySupportGuide4Alternatives2InpatientMentalHealth.pdf&usg=AFQjCNHa8uKJlLpYxLI9x0ILUb5MCQkeeg&sig2=k6bLfpnhZrapaTEUrbTEMw>

## LESBIAN GAY BISEXUAL TRANSGENDER OR QUESTIONING (LGBTQ):

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THE TREVOR PROJECT: A FREE, CONFIDENTIAL, 24-HOUR CRISIS INTERVENTION AND SUICIDE HOTLINE: (866) 488-7386

**TrevorText** - Text "Trevor" to 1-202-304-1200

Trevor Lifeline: [Chat Online](#)

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## [THE GLBT NATIONAL HELP CENTER](#)

Provides peer-support, community connections and resource information regarding sexual orientation and/or gender identity. (888) 843-4564

## MENTALHEALTHTX.ORG

Website provides both State and National information and resources for mental health and substance use disorders.

<https://mentalhealthtx.org/>

## APPLIED BEHAVIOR ANALYSIS (ABA)

[HTTPS://HHS.TEXAS.GOV/SERVICES/DISABILITY/WHAT-APPLIED-BEHAVIOR-ANALYSIS](https://hhs.texas.gov/services/disability/what-applied-behavior-analysis)

## COMMUNITY RESOURCE COORDINATION GROUPS (CRCGS)

Community Resource Coordination Groups (CRCGs) are county-level groups comprised of representatives from state agencies and community partners. CRCGs serve children, youth, adults, and families with complex needs, whose needs cannot be met by one single agency. CRCGs partner with individuals and families to create an integrated Individual Service Plan (ISP) that coordinates services. CRCGs serve the following age groups: Children and youth: 22 and younger; Adults: 18 and older; Families: All ages.

There are approx. 140 CRCGs serving most of Texas's 254 counties. The contact information for local CRCG can be found using the search function on the [website](#).

For more information, please visit the website at: <https://crcq.hhs.texas.gov>. If you have additional questions about the CRCG program contact the State CRCG Office at: 512-206-5255.

## CREATING A CULTURE OF CARE

Help For Parents. Hope for Kids (for parents)

It's not easy being a parent. Here you will learn where to find the help you need to begin your journey towards becoming a healthier, happier family.

<http://www.helpandhope.org/>

## DROP THE STIGMA

Drop the Stigma is a campaign designed by and for youth of color that seeks to make starting conversations about mental health easier. This is so important because the fact of the matter is that youth are experts on their own mental health needs and know what kinds of solutions are going to work best.

<http://www.dropthestigma.org/>

## NATIONAL ALLIANCE OF MENTAL ILLNESS (NAMI)-

Texas Information Helpline: For information and referral services; (800) 273-8255

## NATIONAL CHILD TRAUMATIC STRESS NETWORK

The National Child Traumatic Stress Network (NCTSN) website provides comprehensive information, resources, and toolkits related to childhood trauma. Information is targeted to a variety of audiences, including parents and caregivers, school personnel, military children and families, media, professionals, MH and SU treatment providers, and policy makers.

Specific topics include child welfare, culture and trauma, economic stress, facts and figures, juvenile justice system, special populations, substance abuse, trauma types, family-youth-provider partnerships, complex trauma, veterans and military families, and secondary traumatic stress, among others. Resources are also provided in Spanish.

Additionally, the website provides calendar of training and events.

<http://www.nctsn.org/>

## NAVIGATE LIFE TEXAS

This website is especially for families and parents of children with disabilities or special health-care needs and is designed to offer support, inspiration, resources, and links to services available. <https://www.navigatelifetexas.org/en>

## TEXAS PARENT TO PARENT

Texas Parent to Parent (TxP2P) is committed to improving the lives of Texas children who have disabilities, chronic illness, and/or special health care needs.

<http://www.txp2p.org/>

## SPEAK YOUR MIND TEXAS

Speak Your Mind Texas is Texas Health and Human Service's integrated statewide public awareness campaign. The goal of the campaign is to help destigmatize mental health and substance use issues by informing the public, specifically Texas young people and their influencers, about the facts and potential warning signs of mental health or substance use issues and encouraging them to speak up if they or someone they know needs help. The campaign provides resources, including information on where and how to access available

services, and promotes 211 Texas as a centralized referral and access point for state services.

The two main components of the campaign are information and outreach. Information and resources are available through the campaign website <https://speakyourmindtexas.org/> and promoted through television and radio Public Service Announcements and a robust integrated media campaign that includes traditional and digital advertising and paid social media campaigns. The outreach component is centralized around town-hall style community conversation events designed to stimulate dialogue about the community's mental health needs and what it can do to address those needs. The events also promote local services and resources and 211 as a centralized access point for state services.

## SUICIDE PREVENTION RESOURCE CENTER

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A STRATEGIC PLANNING APPROACH TO SUICIDE PREVENTION.

Locating and Understanding Data for Suicide Prevention (for providers)

<http://training.sprc.org/login/index.php>

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PREVENTING SUICIDE IN EMERGENCY DEPARTMENT PATIENTS (FOR HEALTHCARE PROFESSIONALS)

[HTTP://TRAINING.SPRC.ORG/LOGIN/INDEX.PHP](http://training.sprc.org/login/index.php)

## TEXAS RESILIENCE AND RECOVERY CHILDREN'S RESOURCES

This website provides information about Evidence Based and Promising Practices for children's mental health and trauma. You can also access the Family Guide to Children's Mental Health Services; which is a resources created to help people navigate Children's Mental Health System under the Department of State Health Services in Texas.

<https://www.dshs.texas.gov/mhsa/trr/children/>

## U.S. DEPARTMENT OF EDUCATION GUIDANCE ON CIVIL RIGHTS OF STUDENTS WITH DISABILITIES

PARENT AND EDUCATOR RESOURCE GUIDE TO SECTION 504 IN PUBLIC ELEMENTARY AND SECONDARY SCHOOLS (U.S. Department of Education, Office for Civil Rights, December 2016)

<https://www2.ed.gov/about/offices/list/ocr/docs/504-resource-guide-201612.pdf>



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DEAR COLLEAGUE LETTER: Restraint and Seclusion of Students with Disabilities

<https://www2.ed.gov/about/offices/list/ocr/letters/colleague-201612-504-restraint-seclusion-ps.pdf>

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FACT SHEET: RESTRAINT AND SECLUSION OF STUDENTS WITH DISABILITIES

<https://www2.ed.gov/about/offices/list/ocr/docs/dcl-factsheet-201612-504-restraint-seclusion-ps.pdf>

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DEAR COLLEAGUE LETTER AND QUESTION AND ANSWER DOCUMENTS:

<https://www2.ed.gov/about/offices/list/ocr/letters/colleague-201612-504-charter-school.pdf>

FREQUENTLY ASKED QUESTIONS about the Rights of Students with Disabilities in Public Charter Schools under Section 504 of the Rehabilitation Act of 1973 (United States Department of Education’s Office for Civil Rights (OCR))

<https://www2.ed.gov/about/offices/list/ocr/docs/dcl-faq-201612-504-charter-school.pdf>

Frequently Asked Questions about the Rights of Students with Disabilities in Public Charter Schools under the Individuals with Disabilities Education Act (United States Department of Education’s Office of Special Education and Rehabilitative Services (OSERS))

<https://www2.ed.gov/policy/speced/guid/idea/memosdcltrs/faq-idea-charter-school.pdf>

## WORKFORCE INNOVATION AND OPPORTUNITY ACT (WIOA)

<http://www.twc.state.tx.us/partners/workforce-innovation-opportunity-act-wioa>

## TEXAS SUICIDE PREVENTION

<http://www.texasuicideprevention.org/>

The goal of the Zero Suicide in Texas Grant /Youth Suicide Prevention [Substance Abuse Mental Health Services Administration (SAMHSA)] is to implement a zero suicide framework in the public mental health system. The purpose of Zero Suicide is to reduce deaths by suicide and suicide attempts among youth and young adults in Texas by developing and implementing select strategies from the National Strategy for Suicide Prevention and the Texas State Plan for Suicide Prevention.

## NATIONAL SUICIDE PREVENTION LIFELINE

<http://suicidepreventionlifeline.org/>

1-800-273-8255

## 2-1-1

A free, anonymous social service hotline available 24 hours a day, 7 days a week. No matter where you live in Texas, you can dial 2-1-1 and a trained Specialist will help you find local resources in your community:

- Crisis/Counseling Hotlines – National and Local
- Evaluation and Counseling
- Mental Health Education
- Mental Health Services
- Support Groups – Addiction, Care and Health, Grief/Loss, and Populations

Select option 8 for local mental health and substance abuse services. Or to navigate 211 [online](http://www.211texas.org/), click here <http://www.211texas.org/>

## AGENCY INFORMATION / WEBSITES

### HEALTH AND HUMAN SERVICES COMMISSION (HHSC)

<https://hhs.texas.gov/>

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### OFFICE OF MENTAL HEALTH COORDINATION (OMHC)

The OMHC provides oversight for public mental health policy in Texas and is responsible for coordinating the policy and delivery of mental health services throughout the state. The office consults and coordinates with other state agencies, local governments and other entities to ensure there is a statewide, unified approach to the delivery of behavioral health services that allows Texans to have access to care at the right time and place.

[Texas Behavioral Health Strategic Plan](#) (pdf.)

<https://hhs.texas.gov/services/health/mental-health-substance-abuse/office-mental-health-coordination>

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### TEXAS SYSTEM OF CARE (TXSOC)

<http://www.txsystemofcare.org/>

The TxSOC initiative implements the system of care framework at the state and local levels to improve mental health outcomes for children, youth, and their families. To achieve this goal, core values direct systems of care to be family-driven and youth-guided, community-based, and culturally and linguistically competent. Collaboration among agencies, with community partners, and with youth and family members is essential to a successful system of care that builds on the strengths of the youth and families in the community that it serves.

#### DEPARTMENT OF FAMILY AND PROTECTIVE SERVICES (DFPS)

<https://www.dfps.state.tx.us/>

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#### CHILD PROTECTIVE SERVICES

[https://www.dfps.state.tx.us/Child\\_Protection/](https://www.dfps.state.tx.us/Child_Protection/)

#### TEXAS EDUCATION AGENCY (TEA)

<http://tea.texas.gov/>

#### TEXAS JUVENILE JUSTICE DEPARTMENT (TJJD)

<https://www.tjtd.texas.gov/>

The Texas Juvenile Justice Department is the state agency that funds 161 probation departments that encompass all 254 counties in Texas, and five Texas Juvenile Justice Department sites for youth who are sent to juvenile justice residential facilities.

The Probation and Community Services Division works with probation departments across the state to enhance the many services offered to the local youth. By facilitating quality interaction between juvenile boards and juvenile probation departments and the various divisions within TJJD we can work together in all areas of juvenile justice.

This partnership encourages participation from all departments. TJJD understands the wide diversity in the many departments across Texas; the Probation and Community Services Division recognizes this also and serves as a resource for innovative approaches when problem solving. As a liaison between the Department and the field, the Probation and Community Services Division will be a resource for the continued success of the departments and TJJD.

Other Departments within the Probation and Community Services Division:

- Interstate Compact for Juveniles (ICJ) – Texas students who are on supervision in other states;
- Juvenile Justice Alternative Education Program – 32 programs that serve students who have been expelled from their school districts;
- Placement Services & Title IV-E Program – oversees the Title IV-E Program for youth supervised by county juvenile probation departments and those committed to the Texas Juvenile Justice Department (TJJD). Title IV-E is a federal foster care reimbursement program which allows probation departments and TJJD to claim reimbursement for a percentage of the cost of placement for eligible youth placed in approved IV-E facilities as well as administrative costs related to operating the program.
- Prevention and Intervention Services - TJJD is committed to helping youth become productive, responsible, and lawful citizens by funding programs and services for students and their families, intended to prevent or intervene in at-risk behaviors that lead to delinquency, truancy, dropping out of school, or referral to the juvenile justice system.
- Special Needs Diversionary Program - The Special Needs Diversionary Program (SNDP) was created in 2001 to provide mental health treatment and specialized supervision in order to rehabilitate juvenile offenders and prevent them from penetrating further into the criminal justice system. The program is administered in a collaborative model by the Texas Juvenile Justice Department (TJJD) and the Texas Correctional Office on Offenders with Medical and Mental Impairments (TCOOMMI).

#### TEXAS WORKFORCE COMMISSION (TWC)

<http://www.twc.state.tx.us/>

<http://www.twc.state.tx.us/programs>